

Routes



Title: Module 4: On Your Bike

Learning Objective: Identify and explain how to be a safe cyclist

Resources: Routes Module 4; 'On Your Bike' quiz/answer sheet;
Highway Code Rule 59-82 for cyclists can be found at
www.direct.gov.uk/highwaycode

Activity:

1. Give out 'On Your Bike' quiz individually. Allow five minutes to complete. Teacher to give answers.
2. Warm up discussion:
 - How many students have a bike?
 - What styles?
 - When do they use it and what for?
 - What extras do you have on your bike?
 - How many students have a helmet? How many wear it? If not, why not?
3. Teacher shows 'Statistics' from DVD and asks class why they think their age group is more likely to have an accident on the road.
4. Split into groups of three: You are members of a local council and there is an issue with young people being involved in collisions whilst riding their bikes. You must come up with five strategies to prevent this problem.
5. Watch 'The Law' slide to compare with strategies students have developed.
6. Groups feedback strategies to teacher.
7. Class watch 'Routesville' from the DVD and determine whether their strategies would prevent the collisions mentioned.

Plenary/Assessment:

Class watch 'Meet the Professional', who gives good advice about cycle safety.

- Review quiz answers that you got wrong in line with the Highway Code rules 59-82
- Discuss attitudes to wearing a helmet: "It will never happen to me"



Sussex Safer Roads
P A R T N E R S H I P

